

**ROSARIO LOZADA**  
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## ACADEMIC EXPERIENCE

### **Florida International University College of Law**, Miami, Florida

*Professor, Legal Skills and Values* (August 2012 to present)

*Director, Well-Being in Law* (October 2021 to present)

- Teach Legal Skills & Values; assist in creating legal writing problems for course; conduct legal research; draft documents for simulated case files; create classroom exercises and quizzes; develop mindfulness and oral argument workshop to help students manage public speaking anxiety
- Create, develop, and teach Mindfulness & the Law
- Co-Develop and implement law school well-being program, *Well-Being at FIU Law*, in collaboration with the Office of Student Services; program was recognized by the ABA Standing Committee on Professionalism with the 2021 E. Smythe Gambrell Award

### *Relevant University Contributions*

- Facilitator, Faculty Reading Groups, FIU Center for the Advancement of Teaching (books include *Peak Mind: Find Your Focus, Own Your Attention*, *Invest 12 Minutes a Day*, by Amishi P. Jha; and *Real Change: Mindfulness to Heal Ourselves and the World*, by Sharon Salzberg)
- Faculty Fellow, Office of the Vice Provost, Faculty Leadership & Success (August 2021 to March 2023)
- Presenter, Undergraduate Orientation Parent Program (Summer 2022)
- Member, Steering Committee for FIU's Quality Enhancement Plan, *Critical Skills for the 21st Century* (2021 to present)

### **University of Miami School of Law**, Coral Gables, Florida

*Associate Professor of Clinical Legal Education and Director of Legal Communication* (April 2010 to May 2012); *Lecturer* (1999 to 2000; 2007 to 2010)

- Managed legal writing program of eleven full-time faculty members, who taught between 400 and 500 first-year students, and two full-time staff members

## EDUCATION

### **Notre Dame Law School**, Notre Dame, Indiana

Juris Doctor, *magna cum laude*, May 1996

### **University of Notre Dame**, Notre Dame, Indiana

Bachelor of Arts in Government and International Studies, *summa cum laude*, May 1991

## AWARDS & RECOGNITIONS

- Association of American Law School, 2025 *Section Award for Balance and Well-Being in Legal Education*, which recognizes an individual who has made outstanding and innovative contributions to the promotion of well-being in legal education
- Legal Writing Institute, 2022 *Influential Teaching Award*, which recognizes an outstanding professor who has influenced the teaching of legal writing beyond the individual classroom
- Florida Bar, 2022 *Law Faculty Professionalism Award*, which recognizes a faculty member from a Florida law school who best exemplifies the mission of the Florida Bar's Standing Committee on Professionalism
- Florida International University, 2021 *Torch Award*, which recognizes an individual who exhibits the highest standards of character and ethical behavior
- ABA Standing Committee on Professionalism, 2021 E. Smythe Gambrell Award, which recognizes exemplary and innovative professionalism programs that help ensure the maintenance of the highest principles of integrity and dedication to the legal profession and the public
- Association of Legal Writing Directors, 2022, 2019, and 2018 *Outstanding Service Award*

## PROFESSIONAL MEMBERSHIPS AND ORGANIZATIONS

- Florida Bar
- Mental Health and Wellness Committee of the Florida Bar (2024 to 2027)
- United States District Court for the Southern District of Florida
- AALS Section on Balance in Legal Education, Chair (2021); Executive Committee
- Association of Legal Writing Directors (Leadership & Development Committee, 2018 to 2022; Conference Program Committee, 2016 to 2017)
- International Mindfulness Teachers Association (2021 to present)
- Mindfulness in Law Society (2021 to present)

## PUBLICATIONS

*Mindfulness and Secondary Trauma*, The Florida Bar News (question and response with Scott L. Rogers) (April 23, 2025)

*Gratitude for Law Students: Issue Spotting for the Good in Your Life*, ABA for Law Students (November 23, 2021)

*A Lawyer's Primer on Loss: Grieving the Death of a Parent*, ABA J. (July 28, 2021)

*Getting to the Other Side of Mental Health in the Legal Profession*, ABA for Law Students (October 8, 2020)

*Ten Steps to Identify Irrational Resistance to Self-Care*, ABA J. (August 6, 2020)

Self-Care as a Power Skill, 1:2 Proceedings (Winter 2020)

Cultivate a Community in the Classroom: Lead with Values, Vulnerability, and Gratitude, 28 Perspectives: Teaching Legal Res. & Writing 5 (2020)

How to Stay Healthy, Positive, and Productive in the Time of Covid-19, National Jurist S11 (Spring 2020)

A Mindful Transition to Greater Peace, The Florida Bar News (question and response with Scott L. Rogers) (Nov. 22, 2019)

*I See You, IL: Time to Reflect on Your Well-Being*, ABA for Law Students (October 10, 2019)

Face Time with Your Supervisor: A Formula for Success in Oral Briefings, ABA for Law Students (July 19, 2017)

Ten Ways to Become a 360-Degree Lawyer, Law360 (Oct. 9, 2015 6:45 p.m.) (co-authored with Annette Torres)

Before Midnight: Deadlines, Diligence, and the Practice of Law, Fed. Lawyer 68 (Dec. 2014) (co-authored with Annette Torres)

Working on Our Night Moves: Strategies to Engage Evening Students, 22 Perspectives: Teaching Legal Res. & Writing 151 (2014)

## PRESENTATIONS

*Legal Skills, Mindfulness and the Law, and Judicial Safety*, co-presenter, Florida Judicial Wellness Program, September 30, 2025 (virtual presentation)

*Enhancing Professional Excellence and Well-Being through Mindfulness: A Primer for Federal Law Clerks*, United States Court of Appeals for the Tenth Circuit—Law Clerk Orientation, Denver, Colorado, September 8, 2025

*Cultivating Well-Being, “Well Performance,” Community, and Identity Through ABA Standards 303(b) and (c)*, co-presenter, Institute for Law Teaching & Learning: Compliance with ABA Standards, Sacramento, California, June 1, 2023

*Mindfulness and Well-Being Practices for Transformative Leadership*, International Association of University Libraries, IATUL Annual Conference, Miami, Florida, June 16, 2022

*From Inner Critic to Inner Coach: Making an Ally of Our Self-Talk*, co-presenter, National Association of Women Lawyers, April 26, 2022 (virtual presentation)

*New Reality and Mindfulness in Law Schools*, panelist, Southeastern Association of Law Schools Conference, Amelia Island, Florida, July 31, 2021

*Balance in the Age of Chaos*, discussant, Southeastern Association of Law Schools Conference, Amelia Island, Florida, July 31, 2021

*A Culture of Well-Being: Helping Students Be Well and Do Well*, co-presenter, Association of Legal Writing Directors Biennial Conference, June 2021 (virtual presentation)

*The Practice of Self-Care for Healing and Advocacy*, Skadden Fellowship Foundation, February 11, 2021 (virtual presentation)

*Shifting from “Soft Skills” to “Power Skills,”* discussant, Southeastern Association of Law Schools Conference, Ft. Lauderdale, Florida, August 4, 2020

*Faculty & Staff Wellness*, panelist, Law School Logistics in a COVID 19 World, University of Utah, S.J. Quinney College of Law, July 16, 2020 (virtual presentation)

*Pandemic and Protests: The Centrality of Wellness in Today's Climate*, Panelist, Association of Legal Writing Directors, July 13, 2020 (virtual presentation)

*Remotely Interested? Fostering Connection in the Virtual Classroom*, co-presenter, William & Mary Conference for Excellence in Teaching Legal Research and Writing Online, June 18, 2020 (virtual presentation)

*Time Turning, Invisibility, and Other Magic Mentoring Tricks*, discussant, AALS Annual Meeting, Washington, D.C., January 4, 2020

*Contemplative Practices in Teaching*, co-presenter and facilitator, FIU Center for the Advancement of Teaching, Miami, Florida, September 11, 2019

*Send the Message: You Are Seen, Valued, and Welcomed in My Classroom*, panelist, Southeastern Association of Law Schools Conference, Boca Raton, Florida, August 1, 2019

*Belonging: A Book Club for Students Seeking to Be “Sort of Happy” in Law School*, Integrating Positive Psychology into Legal Education, Suffolk Law School, Boston, June 14, 2019

*Legal Writing: It’s Electrifying*, Presenter, Association of Legal Writing Directors Conference, University of Memphis Cecil C. Humphreys School of Law, Memphis, Tennessee, June 5, 2015

*Holding Effective Student Conferences* (Plenary Session), panelist, AALS Workshop for Beginning Legal Writing Law School Teachers, Washington, D.C., June 20, 2013

*Critical Course Content*, panel moderator, Legal Writing Institute One-Day Workshop, Shepard Broad Law Center, Fort Lauderdale, Florida, December 7, 2012

*Roam If You Want To: A Podium-Free Pedagogy for Law Students*, Rocky Mountain Regional Legal Writing Conference, Sandra Day O'Connor College of Law, Tempe, Arizona, March 23, 2012

*Collaboration with Colleagues Across the Curriculum: Integrating Mindfulness, Ethics, and Legal Writing into the Externship Seminar*, co-presenter, Externship 6: Preparing Lawyers, Harvard Law School and Northeastern University School of Law, Boston, Massachusetts, March 2, 2012

*The Courage to Change the Things You Can: Scripting the Moves to Create and Launch a New Legal Writing Program*, Association of Legal Writing Directors Conference, Pacific McGeorge School of Law, Sacramento, California, June 2011

*Legal Rhetoric in the Classroom*, panel responder, American University Washington College of Law, District of Columbia, October 15, 2010

## WEBINARS AND SPEED-SHARE PROGRAMS

*An Interdisciplinary Approach to Professional Identity Formation*, AALS Section on Balance and Well-Being in Legal Education, June 15, 2022

*Conscious Practices: The Language of Well-Being in the Law School Classroom*, AALS Section on Balance and Well-Being in Legal Education, September 16, 2020

*Oral Argument Without Angst: A Mindful Practice*, co-presenter, FIU College of Law, every Spring semester since 2020

*A Conversation with Sociologist-Legal Scholar Kathryne A. Young*, AALS Section for Balance and Well-Being in Legal Education, January 31, 2020 (interviewing author-professor Kathryne A. Young, University of Massachusetts Amherst)

*The Mindful Lawyer: The Key to Creative Problem-Solving*, AALS Section for Balance and Well-Being in Legal Education, October 25, 2019 (interviewing authors Samantha A. Moppett and Kathleen E. Vinson, Suffolk Law)

## CONTINUING LEGAL EDUCATION SEMINARS

*Self-Care for Attorneys: Vicarious/Secondary Trauma, and Compassion Fatigue*, co-presenter, Strafford/BARBRI webinars, October 7, 2025

*Attorney Well-Being During COVID*, Miami-Dade Public Defender's Office, June 23, 2021

*Mindfulness and Well-Being: Practicing Law in Uncertain Times*, FIU College of Law, June 15, 2020

*Professionalism in Legal Communication: Your Oath, Your Writing, and Your Reputation*,  
Presenter, November 30, 2011

*Clarity in Legal Correspondence: Target Audience, Tone, and Technology*, Co-Presenter (with  
Scott Dimond, Dimond Kaplan & Rothstein), May 17, 2011

## OTHER TRAINING & COURSEWORK

*Certified Mindfulness Teacher, CMT-P*, International Mindfulness Teachers Association (2021 to  
present)

*Mindfulness Facilitator*, Mindfulness Awareness Research Center, Semel Institute for  
Neuroscience and Human Behavior, UCLA, 2020

*Innergy Meditation Teacher Training*, Innergy Meditation Studio, Miami Beach, 2019

*Mindfulness-Based Stress Reduction* (2019) and *Mindful Foundations* (2018), University of Miami  
Mindfulness Research and Practice Initiative, Coral Gables

*Provost's Leadership Program*, FIU, 2020

## LEGAL EXPERIENCE

**University of Miami, Office of General Counsel**, Coral Gables, Florida  
*Assistant General Counsel*, August 2002 to March 2006

**Skadden Arps Foundation**, Miami, Florida  
*Attorney/Public Interest Fellow*, September 1997 to July 1999

**Hon. Edward B. Davis, U.S. District Court, So. District of Florida**, Miami, Florida  
*Law Clerk*, August 1996 to August 1997