

ROSARIO LOZADA
11200 S.W. 8TH ST.
MIAMI, FLORIDA 33199
rolozada@fiu.edu

ACADEMIC EXPERIENCE

Florida International University College of Law, Miami, Florida

Professor, Legal Skills and Values (August 2012 to present)

Director, Well-Being in Law (October 2021 to present)

- Teach Legal Skills & Values; assist in creating legal writing problems for course; conduct legal research; draft documents for simulated case files; create classroom exercises and quizzes; develop mindfulness and oral argument workshop to help students manage public speaking anxiety
- Create, develop, and teach Mindfulness & the Law
- Co-Develop and implement law school well-being program, *Well-Being at FIU Law*, in collaboration with the Office of Student Services; program was recognized by the ABA Standing Committee on Professionalism with the 2021 E. Smythe Gambrell Award and by Insight into Academia with the 2026 Excellence in Mental Health and Well-Being Award

Relevant University Contributions

- Facilitator, Faculty Reading Groups, FIU Center for the Advancement of Teaching (books include *Peak Mind: Find Your Focus, Own Your Attention, Invest 12 Minutes a Day*, by Amishi P. Jha; and *Real Change: Mindfulness to Heal Ourselves and the World*, by Sharon Salzberg)
- Faculty Fellow, Office of the Vice Provost, Faculty Leadership & Success (August 2021 to March 2023)
- Presenter, Undergraduate Orientation Parent Program (Summer 2022)

University of Miami School of Law, Coral Gables, Florida

Associate Professor of Clinical Legal Education and Director of Legal Communication (April 2010 to May 2012); *Lecturer* (1999 to 2000; 2007 to 2010)

- Managed legal writing program of eleven full-time faculty members, who taught between 400 and 500 first-year students, and two full-time staff members

EDUCATION

Notre Dame Law School, Notre Dame, Indiana

Juris Doctor, *magna cum laude*, May 1996

University of Notre Dame, Notre Dame, Indiana

Bachelor of Arts in Government and International Studies, *summa cum laude*, May 1991

AWARDS & RECOGNITIONS

- Insight into Academia, 2026 *Excellence in Mental Health and Well-Being Award*, which recognizes programs and initiatives that significantly advance core values of student and employee mental health and well-being
- Association of American Law School, 2025 *Section Award for Balance and Well-Being in Legal Education*, which recognizes an individual who has made outstanding and innovative contributions to the promotion of well-being in legal education
- Legal Writing Institute, 2022 *Influential Teaching Award*, which recognizes an outstanding professor who has influenced the teaching of legal writing beyond the individual classroom
- Florida Bar, 2022 *Law Faculty Professionalism Award*, which recognizes a faculty member from a Florida law school who best exemplifies the mission of the Florida Bar's Standing Committee on Professionalism
- Florida International University, 2021 *Torch Award*, which recognizes an individual who exhibits the highest standards of character and ethical behavior
- ABA Standing Committee on Professionalism, 2021 *E. Smythe Gambrell Award*, which recognizes exemplary and innovative professionalism programs that help ensure the maintenance of the highest principles of integrity and dedication to the legal profession and the public
- Association of Legal Writing Directors, 2022, 2019, and 2018 *Outstanding Service Award*

PROFESSIONAL MEMBERSHIPS AND ORGANIZATIONS

- Florida Bar
- Mental Health and Wellness Committee of the Florida Bar (2024 to 2027)
- United States District Court for the Southern District of Florida
- AALS Section on Balance in Legal Education, Chair (2021); Executive Committee
- Association of Legal Writing Directors (Leadership & Development Committee, 2018 to 2022; Conference Program Committee, 2016 to 2017)
- International Mindfulness Teachers Association (2021 to present)
- Mindfulness in Law Society (2021 to present)

PUBLICATIONS

Do Attorneys Matter? Applying the Framework of Mattering to Boost Lawyer Well-Being, Law.com (August 11, 2026)

Teaching Mindfulness in the Classroom, in *Mindfulness in Legal Education* (Scott L. Rogers ed., 2026)

Mindfulness and Secondary Trauma, The Florida Bar News (question and response with Scott L. Rogers) (April 23, 2025)

Gratitude for Law Students: Issue Spotting for the Good in Your Life, ABA for Law Students (November 23, 2021)

A Lawyer's Primer on Loss: Grieving the Death of a Parent, ABA J. (July 28, 2021)

Getting to the Other Side of Mental Health in the Legal Profession, ABA for Law Students (October 8, 2020)

Ten Steps to Identify Irrational Resistance to Self-Care, ABA J. (August 6, 2020)

Self-Care as a Power Skill, 1:2 Proceedings (Winter 2020)

Cultivate a Community in the Classroom: Lead with Values, Vulnerability, and Gratitude, 28 Perspectives: Teaching Legal Res. & Writing 5 (2020)

How to Stay Healthy, Positive, and Productive in the Time of Covid-19, National Jurist S11 (Spring 2020)

A Mindful Transition to Greater Peace, The Florida Bar News (question and response with Scott L. Rogers) (Nov. 22, 2019)

I See You, IL: Time to Reflect on Your Well-Being, ABA for Law Students (October 10, 2019)

Face Time with Your Supervisor: A Formula for Success in Oral Briefings, ABA for Law Students (July 19, 2017)

Ten Ways to Become a 360-Degree Lawyer, Law360 (Oct. 9, 2015 6:45 p.m.) (co-authored with Annette Torres)

Before Midnight: Deadlines, Diligence, and the Practice of Law, Fed. Lawyer 68 (Dec. 2014) (co-authored with Annette Torres)

Working on Our Night Moves: Strategies to Engage Evening Students, 22 Perspectives: Teaching Legal Res. & Writing 151 (2014)

PRESENTATIONS

Let's Talk About Wellness, panelist, Federal Judicial Intern Orientation, Miami, Florida, June 8, 2026

Holding Space: Managing Compassion Fatigue and Building a Trauma-Informed Wellness Program, co-facilitator, 7th Annual Employee Wellness for Legal Professionals Summit, Tampa, Florida, March 3, 2026

Legal Skills, Mindfulness and the Law, and Judicial Safety, co-presenter, Florida Judicial Wellness Program, September 30, 2025 (virtual presentation)

Enhancing Professional Excellence and Well-Being through Mindfulness: A Primer for Federal Law Clerks, United States Court of Appeals for the Tenth Circuit—Law Clerk Orientation, Denver, Colorado, September 8, 2025

Cultivating Well-Being, “Well Performance,” Community, and Identity Through ABA Standards 303(b) and (c), co-presenter, Institute for Law Teaching & Learning: Compliance with ABA Standards, Sacramento, California, June 1, 2023

Mindfulness and Well-Being Practices for Transformative Leadership, International Association of University Libraries, IATUL Annual Conference, Miami, Florida, June 16, 2022

From Inner Critic to Inner Coach: Making an Ally of Our Self-Talk, co-presenter, National Association of Women Lawyers, April 26, 2022 (virtual presentation)

New Reality and Mindfulness in Law Schools, panelist, Southeastern Association of Law Schools Conference, Amelia Island, Florida, July 31, 2021

Balance in the Age of Chaos, discussant, Southeastern Association of Law Schools Conference, Amelia Island, Florida, July 31, 2021

A Culture of Well-Being: Helping Students Be Well and Do Well, co-presenter, Association of Legal Writing Directors Biennial Conference, June 2021 (virtual presentation)

The Practice of Self-Care for Healing and Advocacy, Skadden Fellowship Foundation, February 11, 2021 (virtual presentation)

Shifting from “Soft Skills” to “Power Skills,” discussant, Southeastern Association of Law Schools Conference, Ft. Lauderdale, Florida, August 4, 2020

Faculty & Staff Wellness, panelist, Law School Logistics in a COVID 19 World, University of Utah, S.J. Quinney College of Law, July 16, 2020 (virtual presentation)

Pandemic and Protests: The Centrality of Wellness in Today's Climate, Panelist, Association of Legal Writing Directors, July 13, 2020 (virtual presentation)

Remotely Interested? Fostering Connection in the Virtual Classroom, co-presenter, William & Mary Conference for Excellence in Teaching Legal Research and Writing Online, June 18, 2020 (virtual presentation)

Time Turning, Invisibility, and Other Magic Mentoring Tricks, discussant, AALS Annual Meeting, Washington, D.C., January 4, 2020

Contemplative Practices in Teaching, co-presenter and facilitator, FIU Center for the Advancement of Teaching, Miami, Florida, September 11, 2019

Send the Message: You Are Seen, Valued, and Welcomed in My Classroom, panelist, Southeastern Association of Law Schools Conference, Boca Raton, Florida, August 1, 2019

Belonging: A Book Club for Students Seeking to Be “Sort of Happy” in Law School, Integrating Positive Psychology into Legal Education, Suffolk Law School, Boston, June 14, 2019

Legal Writing: It’s Electrifying, Presenter, Association of Legal Writing Directors Conference, University of Memphis Cecil C. Humphreys School of Law, Memphis, Tennessee, June 5, 2015

Holding Effective Student Conferences (Plenary Session), panelist, AALS Workshop for Beginning Legal Writing Law School Teachers, Washington, D.C., June 20, 2013

Critical Course Content, panel moderator, Legal Writing Institute One-Day Workshop, Shepard Broad Law Center, Fort Lauderdale, Florida, December 7, 2012

Roam If You Want To: A Podium-Free Pedagogy for Law Students, Rocky Mountain Regional Legal Writing Conference, Sandra Day O’Connor College of Law, Tempe, Arizona, March 23, 2012

Collaboration with Colleagues Across the Curriculum: Integrating Mindfulness, Ethics, and Legal Writing into the Externship Seminar, co-presenter, Externship 6: Preparing Lawyers, Harvard Law School and Northeastern University School of Law, Boston, Massachusetts, March 2, 2012

The Courage to Change the Things You Can: Scripting the Moves to Create and Launch a New Legal Writing Program, Association of Legal Writing Directors Conference, Pacific McGeorge School of Law, Sacramento, California, June 2011

Legal Rhetoric in the Classroom, panel responder, American University Washington College of Law, District of Columbia, October 15, 2010

WEBINARS AND SPEED-SHARE PROGRAMS

An Interdisciplinary Approach to Professional Identity Formation, AALS Section on Balance and Well-Being in Legal Education, June 15, 2022

Conscious Practices: The Language of Well-Being in the Law School Classroom, AALS Section on Balance and Well-Being in Legal Education, September 16, 2020

Oral Argument Without Angst: A Mindful Practice, co-presenter, FIU College of Law, every Spring semester since 2020

A Conversation with Sociologist-Legal Scholar Kathryne A. Young, AALS Section for Balance and Well-Being in Legal Education, January 31, 2020 (interviewing author-professor Kathryne A. Young, University of Massachusetts Amherst)

The Mindful Lawyer: The Key to Creative Problem-Solving, AALS Section for Balance and Well-Being in Legal Education, October 25, 2019 (interviewing authors Samantha A. Moppett and Kathleen E. Vinson, Suffolk Law)

CONTINUING LEGAL EDUCATION SEMINARS

Self-Care for Attorneys: Vicarious/Secondary Trauma, and Compassion Fatigue, co-presenter, Strafford/BARBRI webinars, October 7, 2025

Attorney Well-Being During COVID, Miami-Dade Public Defender's Office, June 23, 2021

Mindfulness and Well-Being: Practicing Law in Uncertain Times, FIU College of Law, June 15, 2020

Professionalism in Legal Communication: Your Oath, Your Writing, and Your Reputation, Presenter, November 30, 2011

Clarity in Legal Correspondence: Target Audience, Tone, and Technology, Co-Presenter (with Scott Dimond, Dimond Kaplan & Rothstein), May 17, 2011

OTHER TRAINING & COURSEWORK

Certified Mindfulness Teacher, CMT-P, International Mindfulness Teachers Association

Mindfulness Facilitator, Mindfulness Awareness Research Center, Semel Institute for Neuroscience and Human Behavior, UCLA, 2020

Innergy Meditation Teacher Training, Innergy Meditation Studio, Miami Beach, 2019

Mindfulness-Based Stress Reduction (2019) and *Mindful Foundations* (2018), University of Miami Mindfulness Research and Practice Initiative, Coral Gables

Provost's Leadership Program, FIU, 2020

LEGAL EXPERIENCE

University of Miami, Office of General Counsel, Coral Gables, Florida
Assistant General Counsel, August 2002 to March 2006

Skadden Arps Foundation, Miami, Florida
Attorney/Public Interest Fellow, September 1997 to July 1999

Hon. Edward B. Davis, U.S. District Court, So. District of Florida, Miami, Florida
Law Clerk, August 1996 to August 1997